



Hawaii Writing Retreat

January 8-14, 2026

Choose
a project.

Spend a week
in paradise.

Focus, write,
and get it done.

What's Inside

What's Included	Page 4
A Note from Alex	Page 5
Who's Coming	Page 6
Where It's Happening	Page 7
Airport Info	Page 13
Schedule	Page 14
Rave Reviews	Page 15
Cancellation Policy	Page 19
Pricing	Page 20
Book Your Spot	Page 21



WHAT'S INCLUDED

6 nights, 7 days:
private bedroom and bathroom
(no sharing, all yours)

All meals:
breakfast, lunch, dinner,
snacks, and beverages

Daily yoga/movement class

Welcome gift and fresh flowers
waiting in your bedroom

Daily housekeeping service

Pool, jacuzzi, gym,
and other luxe amenities

Airport pick up and drop off
(no need to rent a car)

90-min massage and sound bath
experience

Magical whale watching trip

Cocktail & mocktail night, at
sunset, with live music
(all-woman band)

Guided hike through the Kona
Cloud Forest

Deep conversations with high-
caliber people doing great work

1-1 time to discuss your project
and get input

3 coworking sessions after the
retreat to keep the momentum
going

Depart Hawaii feeling so proud of what you've accomplished.

You'll leave feeling energized, inspired,
and glowing from the inside out.

A NOTE FROM ALEX

The Writing Retreat in January 2026 will be my 11th time leading a retreat in Hawaii. It will be the best one yet!

When you clear your schedule for an entire week (no emails, no social media, no meetings, no interruptions) it is astonishing how different you feel, and how much you can accomplish.

Whether you're coming to this retreat to work on your book, or write material for a speech, program, podcast, marketing campaign, or another important project, I'd love to see you there.

You can look forward to a week that is peaceful, yet highly productive.

Start the year feeling refreshed, energized, and focused. See you in Hawaii!

-Alex

Free time and space.

Peace and quiet.

No distractions.



Who's Coming

Accomplished professionals from different fields (finance, arts, medicine, law, education, etc.) who each bring unique gifts to the room.

At this retreat, many guests will be working on writing a book, while others will work on articles, essays, newsletters, podcasts, and more.



Where It's Happening

Amaui Villas, a breathtaking venue with a pool, jacuzzi, fitness center, and sweeping views of the surrounding land and sea, overlooking Kauna'oa Bay. Located on the west side of the Big Island of Hawaii.

Expect warm weather, ocean breezes, and lush landscaping.

Location: 62-1803 Amaui Leo Way, Kamuela, HI, 96743

Past guests say, "The photos don't do it justice! You won't want to leave."











Airport Info

Fly to Kona International Airport (KOA) on the Big Island of Hawaii.

January 8, 2026: Book a flight that arrives at **3 pm** or earlier.

January 14, 2026: Book a flight that departs at **12 pm** or later.

That way, you'll be able to attend the first dinner and final breakfast. However, if you need to arrive and depart at different times, no problem.

Airport pick-up and drop-off are included.

No need to rent a car. Your driver will whisk you away to the retreat.



Schedule

[Here's the schedule from the last retreat](#), if you want to peek and see how the days are structured.

This is an introvert-friendly retreat.

Every item on the schedule is a gentle invitation, but nothing is required. Do what you want. Skip what you don't.


If you're on a creative roll and want to stay in your room, keep writing, and not talk to anybody, go for it. There is zero pressure to socialize.

We do a brief exercise each morning (think: 30 minutes) to get your creative wheels turning and open the writing floodgates.

The rest of the day, you have free time to create.

No lengthy presentations. No packed schedule. No rushing. Open space.






"I am an Alexandra Franzen Retreat addict. A repeat offender, if you will. I keep coming back, year after year, because nobody does writing retreats quite like Ms. Franzen.

The villa is gorgeous and immaculate. Your jaw will hit the floor when you check in. Fantastic massage. Divine sound bath. Live music. Chef Mai makes locally grown food prepared with love.

This retreat is so **incredible and relaxing**, and puts me in the right frame of mind to be a writing beast! I **got so much accomplished."**

— Fiona Jefferies

CEO/Founder, Diva Works



"Such a beautiful retreat! Everything was so thoughtful and intentional. Just what I needed to begin my year.

At home, I am so accustomed to buzzing around and moving quickly from one thing to another. Since I got home, I've slowed way down. I'm not checking email on my phone all the time. I'm still **highly productive**, but there's a different energy throughout my day.

Thank you for bringing a wonderful group of people together, and for the example of slowing down that I needed."

—Stephanie Skryzowski

CEO/Founder, 100 Degrees Consulting

“Go to Hawaii! Alex is a wonderful hostess who thinks of so many personal touches to make your trip extra-special. When I arrived, she had framed photos of my kids and husband waiting in my bedroom as a surprise! Not to mention, delicious food in the fridge and pantry. I felt pampered and inspired. **I wrote the first 5 chapters of my book in Hawaii** on that retreat. Having Alex's feedback on my newly finished pages each day only made my book stronger. It was a delicious, productive week. I highly recommend it!”

Rachel Rodgers

Author of We Should All Be Millionaires, a Wall Street Journal Bestseller and one of Audible's Top Audiobooks of the Year





**"The pampering is completely over
the top!"**

Gourmet meals? Massages and sound baths? Someone magically making my bed every day?! You've been warned: re-entry into real life after the retreat will be rough.

But the community, focused time with the world's best writing coach (that's Alex), and interruption-free (read: child-free) time to write was **exactly what I needed** and what you totally deserve."

—Yuliyia Patsay

*Stand-up comedian, voiceover actor, and
author of Until the Last Pickle*



Cancellation & Refund Policy

If something comes up and you can't make it to the retreat, please email: alexandra@alexandrafranzen.com to let us know.

All payments are **non-refundable**.

Due to the small size of this retreat (8 guests max), we're not able to offer refunds for any reason.

If you have to skip the retreat, you can use your payment as a **credit** and apply it towards another retreat happening in the future.

Another option is to **give** your spot to someone else, and they can attend in your place.

Thank you for respecting this policy.

To protect your retreat investment even more, consider purchasing **travel insurance**.

PRICING

All-inclusive retreat. One flat payment (no surprises or extra fees) and **everything is included:**

- Accommodation for 6 nights and 7 days (January 8 - 14, 2026)
- Private bedroom and private bathroom at Amaui Villas
- Airport pick up and drop off
- All meals: breakfast, lunch, dinner, snacks, and beverages
- Daily yoga/movement classes
- Daily housekeeping services
- Pool, jacuzzi, fitness center, and other amenities
- Welcome gift and fresh flowers in your room
- 90-min massage and sound bath experience
- Excursions including guided hike and whale watching
- All tips/gratuities for the retreat staff
- Daily writing prompts to spark creativity
- 1-1 time with Alex to discuss your project and get input
- Coworking time after the retreat to keep the momentum going
- Quiet time to work on your project in a gorgeous setting

Early-bird pricing: book your spot before June 1 and **save \$2,400.**

~~\$15,000~~

\$12,600

BOOK YOUR SPOT

You can pay the **full amount** today.

Or, **pay \$1,000 today** and pay the rest in 3 installments.

All payments due by December 1, 2025.

To reserve your spot and select your payment plan, click the *Register* button. See you in Hawaii!

Register

