

**Checklist for [Date]**

***Word, phrase, quote, or message that inspires you.***

( ) First moment: \_\_\_\_\_

( ) Easy win: \_\_\_\_\_

( ) Easy win: \_\_\_\_\_

( ) Easy win: \_\_\_\_\_

( ) Task: \_\_\_\_\_

( ) Task: \_\_\_\_\_

( ) Task: \_\_\_\_\_

( ) Moment: \_\_\_\_\_

( ) Moment: \_\_\_\_\_

( ) Moment: \_\_\_\_\_

( ) Unexpected/Spontaneous/Extra credit: \_\_\_\_\_

( ) Unexpected/Spontaneous/Extra credit: \_\_\_\_\_

( ) Unexpected/Spontaneous/Extra credit: \_\_\_\_\_

( ) Final moment: \_\_\_\_\_